

# 2019 Victorian Individual Time Trial Series Regulations

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# 1. Objectives

The key objectives of the Cycling Victoria State ITT Series are:

- To provide an underpinning series of ITT events to the Victorian Road Series;
- To provide a calendar of events which are of high interest to participants;
- To raise the standard of competition amongst Victoria's cyclists;
- Increase commercial investment into cycling in Victoria;

# 2. Series Events and Regulations

Event	Date	Event Organiser
Yarra Blvd	Sunday, 28 April 2019	Blackburn CC (National Paracycling Series)
Geelong	Sunday, 19 May 2019	Geelong CC (National Paracycling Series)
Yarra Blvd	Sunday, 23 June 2019	Blackburn CC (National Paracycling Series)
TBC	July	Blackburn CC
Humevale	Sunday, 25 August 2019	Blackburn CC (National Paracycling Series)
<i>Ballarat (State ITT Championships)*</i>	<i>Saturday, 7 September 2019</i>	<i>Ballarat Sebastopol CC (National Paracycling Series)</i>
1 in 20 (The Basin)	Sunday, 29 September 2019	Blackburn CC

**\*This event will NOT count towards the Victorian Series for any category but will count as a round of the National Paracycling Series.**

*Table: Event Dates*

The following regulations must be adhered to when staging a Cycling Victoria State ITT Series event:

- [UCI Technical Regulations](#)
- [CA Technical Regulations](#)
- 2019 Victorian ITT Series Regulations

## 3. Series Structure

### 3.1 Age and Membership Requirements

Riders wishing to participate in a Series event will need either:

- international UCI road licence (J19 or older)
- Cycling Australia RACE or RIDE Membership (J19 or older)

Interstate participation is encouraged in the series. These individuals will be provided a grade upon their first event entry. They are required to provide proof of their ability level at the time of event registration.

### 3.2 Entry and Scratching Process

Individual entries for all events will be taken via [ENTRYBOSS](#). Entries close at midnight on the Wednesday prior to the event.

Riders who don't regularly race in CV events must submit information to support the handicapping when entering on Entryboss.

Late entries may be accepted at the discretion of Cycling Victoria. A late entry fee will be charged according the CV [Race Entry Policy](#).

Important: All late entry requests and general entry inquiries need to be sent to [vic.racing@cyclimg.org.au](mailto:vic.racing@cyclimg.org.au)

Riders can scratch (with a full refund) from a race via Entryboss until entries close. A refund after the cut-off can be granted if a rider provides a medical certificate within 7 days of the event.

### 3.3 Series Categories

The following Series categories must be run as part of each Series event:

**Men A**  
**Women A**  
**Men B**  
**Women B**  
**Men C**  
**Paracycling**  
**Men Non-Aero**  
**Women Non-Aero**

Event organisers are free to add additional categories (not eligible for series points). Cycling Victoria highly recommends the addition of junior categories (courses must comply with the max. race distance as per CA Technical Regulations).

#### **Men ABC**

These categories are open to all male riders holding either a J19, Elite or Masters licence. Results are based on the absolute riding time.

#### **Women AB**

These categories are open to all female riders holding either a J19, Elite or Masters licence. Results are based on the absolute riding time.

#### **Paracycling (MC)**

This category is open to all male and female riders with a Paracycling classification holding a current Cycling Australia (or UCI) RACE or RIDE membership. Results will be based on factored times using the multi-call formula- The factors used will be the same for both the state and National Paracycling Series rounds. Factors can be found on the [CA NPS page](#).

At combined state/national rounds riders will be scoring points for both the national and state series ranking. Points for the Victorian series will be allocated as per table 3 in section 3.6. National series points will be awarded to the top 5 riders as per the NPS guidelines.

Interstate riders will be eligible for both state and national series points.

#### **Men/Women Non-Aero**

This category is open to all female and male riders holding either a J19, Elite or Masters licence. Results are based on the absolute riding time.

Riders who race in this category are not allowed to use any time trial specific equipment that is considered non-compliant in a standard road race event.

## 3.5 Grading

At the start of the year riders will have the right to query their grade however after the first event it will not change based on the type of course (e.g. hilly vs flat) unless it is changed by Cycling Victoria or the change occurs in relation to sections a), b), c) or d) in this paragraph.

### Grading guide table (for VRS riders)

Riders who have raced in a VRS event are supposed to use the following grading guide to assess their ITT series grade. Riders who haven't raced a VRS event but are able to compare their ability to a rider who has done so should be using the guide in the same way.

For past results at CV events please refer to the official results database [here](#).

Please keep in mind that the official VRS grade of a rider has no significance: a rider who usually races in C grade but has shown strong time trial performances may be racing in A grade for this series (or vice versa).

Riders who qualify for two grades (slightly over/under the cut-off) may enter the lower grade at the start of the series.

<b>Men A</b>	<b>Male riders whose ITT performance would have placed/potentially place them within the top 75% of Elite Men's A grade in a VRS time trial.</b>
<b>Women A</b>	<b>Female riders whose ITT performance would have placed/potentially place them within the top 75% of Women's B grade in a VRS time trial.</b>
<b>Men B</b>	<b>Male riders whose ITT performance would have placed/potentially place them outside the top 75% of Elite Men's A grade but within the top 75% of Elite Men's B grade in a VRS time trial.</b>
<b>Women B</b>	<b>Female riders whose ITT performance would have placed/potentially place them outside the top 75% of Women's B grade in a VRS time trial.</b>
<b>Men C</b>	<b>Male riders whose ITT performance would have placed/potentially place them outside the top 75% of Elite Men's B grade in a VRS time trial.</b>

Table 1: Grading Guid

- a) Cycling Victoria reserves the right to change a rider's grade anytime if deemed necessary.
- b) Riders will be automatically upgraded if their time in a series round would place them within the top 50% of a higher grade or if their time is within 105% of the winner's time in a higher grade. An exemption may be made at the discretion of CV in case of a lack of depth of the field.
- c) Rider who would place within the top 75% of a higher grade or if their time is within 110% of the winner's time in a higher grade twice will be upgraded. An exemption may be made at the discretion of CV in case of a lack of depth of the field.
- d) Riders may request to be downgraded if they are clearly outperformed in their grade (time is outside 110% of the winners time in a lower grade). This rule will not be applied at uphill time trials or if the riders' result is influenced by a mechanical mishaps or crash.
- e) Rider that are upgraded (downgraded) during the season will retain a third (half) of their series points from the previous grade (rounded up to the next whole number) to the next ability category.

**PLEASE NOTE: Any grading inquiries need to be sent in writing to the following email address:**  
[vic.racing@cyclimg.org.au](mailto:vic.racing@cyclimg.org.au).

### 3.6 Series Points

The following process will be used for allocation of points:

1. Points will be awarded for each event in the series (please refer to table 3 below).
2. Individuals will be able to accumulate points for their own ranking by placing at each event. Riders who DNF or are DQ are not eligible for points.
3. In case of a points tie the rider who has had more wins (then second-place finishes and so on) will be ranked higher. If there is still a tie the placing in the most recent race/stage will determine the ranking.

After the final stage of the final series event the person who scored the most points in their grade or category will be awarded the 2019 Victorian ITT Series Champion of the category.

#### **Masters age-based series competition**

An aggregate series ranking will be calculated separately for male and female riders of Masters age competing in the Men's ABC or Women's AB categories. Riders will be ranked for each event using a age-based multiclass protocol (factors are calculated based on the 2018 National ITT Championships results, please refer to Appendix). Riders will score points in each event based on their age-based placing (please refer to table 3).

The top placed female and male rider in the aggregate ranking after the final round will be awarded the 2019 Victorian ITT Series Overall Masters Champion.

Place	Series points		Place (Masters age-based)	Series points (Masters age-based)	Place (Masters age-based)	Series points (Masters age-based)
1	30		1	35	11	10
2	26		2	32	12	9
3	22		3	29	13	8
4	18		4	26	14	7
5	15		5	23	15	6
6	12		6	20	16	5
7	9		7	18	17	4
8	7		8	16	18	3
9	5		9	14	19	2
10	3		10	12	20+	1
11+	1					

Table 3: Series Points

## 4. Race Regulations

### 4.1 Equipment

Riders competing in Men's ABC, Women's AB and Paracycling are allowed to use any equipment that is compliant with UCI and CA time trial regulations.

Riders competing in Men's and Women's Open are allowed to use any equipment that is compliant with UCI and CA road race regulations. The use of any time trial specific equipment is prohibited.

Riders who are found using non-compliant equipment will still be given a ride and a time but will not be eligible for any series points or event prizes.

### 4.2 Race apparel

Participants may wear any of the following kit:

- Registered club jerseys
- Plain apparel
- Sponsored apparel (requires [registration](#) with CV)

### 4.3 Red Light Policy

As any event conducted on open roads, all bicycles must have an appropriate red light fitted and operating on either the seat post or right rear seat stay of their bike. The light (solid, not flashing) must be operational during the entire event and visible from 200 metres to the rear.

### 4.4 Start Intervals and Seeding

Time Trial start intervals may vary depending on the event organiser and race schedule.

Seeding in each category will be based on the current (last year's for event 1) Series standings. Riders who haven't scored any points may be seeded in random order.



# Appendix

## Factors Paracycling

(as per CA National Para-Cycling Series Regulations)

<u>Cat</u>	<u>Factor</u>
MB	1.00
MC5/Deaf	1.05
MC4	1.08
MC3	1.13
WB	1.17
MC2	1.20
MC1	1.22
WC5	1.24
MH4	1.28
MH5	1.28
WC4	1.31
WC3	1.33
MH3	1.35
WC2	1.43
MT2	1.43
WH5	1.47
MH2	1.52
WH3	1.66
WC1	1.66
WH4	1.67
WT2	1.70
MT1	1.90
WT1	1.93
MH1	2.40
WH2	2.61
WH1	5.45

## Factors Masters

Age	Year	Factor
30	1989	1.00000
31	1988	0.99118
32	1987	0.98252
33	1986	0.97400
34	1985	0.96564
35	1984	0.95741
36	1983	0.94932
37	1982	0.94137
38	1981	0.93355
39	1980	0.92586
40	1979	0.91830
41	1978	0.91086
42	1977	0.90354
43	1976	0.89633

44	1975	0.88924
45	1974	0.88226
46	1973	0.87539
47	1972	0.86862
48	1971	0.86196
49	1970	0.85540
50	1969	0.84894
51	1968	0.84258
52	1967	0.83631
53	1966	0.83013
54	1965	0.82405
55	1964	0.81805
56	1963	0.81214
57	1962	0.80631
58	1961	0.80057
59	1960	0.79491
60	1959	0.78933
61	1958	0.78382
62	1957	0.77839
63	1956	0.77304
64	1955	0.76776
65	1954	0.76255
66	1953	0.75741
67	1952	0.75234
68	1951	0.74734
69	1950	0.74240
70	1949	0.73753
71	1948	0.73272
72	1947	0.72798
73	1946	0.72329
74	1945	0.71867
75	1944	0.71410
76	1943	0.70960
77	1942	0.70514
78	1941	0.70075
79	1940	0.69641
80	1939	0.69212
81	1938	0.68788
82	1937	0.68370
83	1936	0.67956
84	1935	0.67548
85	1934	0.67145
86	1933	0.66746
87	1932	0.66352
88	1931	0.65962
89	1930	0.65578