



## Helmet Restrictions

In NSW it is compulsory for a cyclist and any passenger to wear an approved bicycle helmet correctly.

Approved helmets are clearly marked with an Australian Standard Approved Notification.

**Always check the helmet before purchasing to ensure that it is an approved helmet.**

To View the Varieties of approved stickers click the link below.

[RTA Link regarding helmets](#)

There has been some information and misinformation circulating recently regarding a change to way bicycle helmets are tested and certified to meet the Australian Standard (AS 2063).

In a nutshell as long as a helmet has the approval (AS 2063) marked it is OK to use on the road or track, provided it is not damaged or tampered with.

A new procedure for testing and certification began in 2008 and as from 13th December 2010 all sellers of helmets must only sell the new standards approved helmet. The old standards approved helmet is still OK to use.

Please refer to our News item on our webpage which you are encouraged to distribute, copy/past or link to your webpages

[Change to Bicycle Helmet Safety Standards](#)